

Congratulations on making the 2024-2025 TDA Team and receiving your

packet! It is an honor and a privilege to represent The Dance Avenue as a team member and we are very excited to have you on our team! Way to go!

Thank you for working hard at summer study and for pushing yourself to learn and grow! Also, thank you for making the decision to audition for team. Being a team member is a big commitment to work hard, have a great attitude and a true love for dance! Each member of this team is important to me and I want you to know how much I appreciate you and all you bring to our team!

No matter what or how many dances you made, please be happy and proud of yourself. Remember, the number of dances or type/size of dances you make

does not define you or your worth. What defines you is your work ethic, your positive attitude, being coachable, and being a team player. Play your role on our team to the best of your ability every day and as you continue to improve yourself as a dancer, you improve our team. Each of you are blessed to be healthy, to be able to dance and to have parents who support your dancing! Be sure to thank them, and always keep perspective!

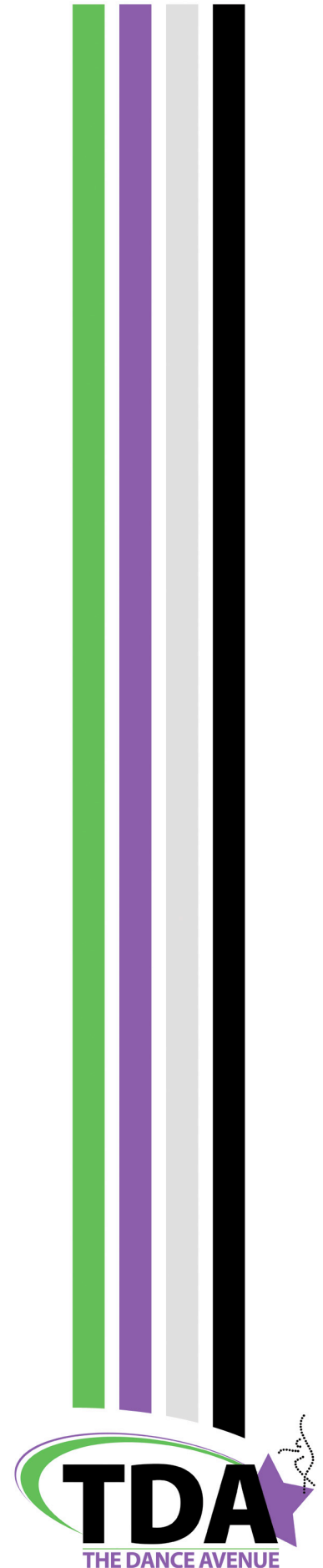
No matter what or how many dances your teammates made, please be happy for them and be proud of them as well.

We are all part of this team and each dancer and each dance is just as important as any other. Be sure to congratulate your teammates! On a team, whenever one person achieves something, the whole team gets to share in that achievement. Support one another and be grateful!

I am looking forward to what I know will be an amazing year for our team. With talent, dedication, positive attitude, and love, I know we will have a great 15th Anniversary year!

I am so proud of you and I can't wait to get started!

~ Miss Amber





TEAM REQUIRED CLASSES & TUITION 2024-2025

	Level 1 Tiny Team	Level 2 Mini Team	Level 3 Junior Team	Level 4 Teen Team	Level 5 Senior Team
Required Classes	1. Level 1 Ballet 2. Level 1 Jazz 3. Level 1 Tap 4. Level 1 Tumbling 5. Routine Class(es)	1. Level 2 Ballet 2. Level 2 Jazz 3. Level 2 Tap 4. Level 2 Tumbling 5. Routine Class(es) 6. Production (2023 Dancers)	1. Level 3 Ballet (2x per week) 2. Level 3 Jazz 3. Level 3 Tap 4. Level 3 Tumbling 5. Routine Class(es) 6. Production	1. Level 4 Ballet (2x per week) 2. Level 4 Jazz 3. Level 4/5 Tap 4. Level 4 Tumbling 5. Routine Class(es) 6. Production	1. Level 5 Ballet (2x per week) 2. Level 5 Jazz 3. Team Combo (Age 13+) 4. Routine Class(es) 5. Production
Optional Classes	1. Level 1 Hip Hop Class	1. Recital Hip Hop Class	1. Recital Hip Hop Class	1. Level 4 Pointe (<i>by approval</i>) 2. Level 5 Ballet (<i>by approval</i>) 3. Team Combo (Age 13+)	1. Level 5 Pointe (<i>by approval</i>) 2. Level 5 Tumbling 3. Level 4/5 Tap
Hours	Train up to 180 minutes per week	Train up to 260 minutes per week	Train up to 350 minutes per week	Train up to 500 minutes per week	Train up to 560 minutes per week
Tuition	\$200/month	\$250/month	\$300/month	\$325/month	\$350/month
Extras	<p>Solo Rehearsal Private (Calendly) 20 min - \$35.00</p> <p>Duet/Trio Rehearsal Private (Calendly) 20 min - \$25.00/per dancer</p> <p>Solo Choreography (Level 5) One Time Fee - \$500 - includes (6) 20 minute private lessons</p>	<p>Solo Weekly Lessons (Level 2, 3, 4) (Scheduled) Per Month - \$50.00 - one 20 minute lesson per week - no refunds for missed lessons - no makeups for missed lessons</p> <p>Duet Weekly Lessons (Scheduled) Per Month - \$50.00 - one 20 minute lesson per week - no refunds for missed lessons - no makeups for missed lessons</p>	<p>Student Assistant Discount \$20 off monthly tuition plus a free student assistant t-shirt</p> <p>Sibling Cap Families with 2 dancers on team pay a max of \$550/month in tuition cost</p> <p>Private Lessons - 1 Dancer (Any Genre / Level 3/4/5) 30 min - \$50.00</p> <p>Private Lessons - 2-3 Dancers (Any Genre / Level 1/2/3/4/5) 30 min - \$40.00/per dancer</p>	<p>Ballet/Tumbling Recital Routines - Level 4 & 5 Ballet & Tumbling Recital Routines For Level 4 and 5 will be scheduled for choreography. More details will be available in January 2025. Participation in these routines is included in the monthly tuition cost. There will be a costume fee for these routines as usual.</p>	<p>Tuition Note Tuition costs listed above include all required classes plus any optional classes the dancer would like to take from the optional column. This tuition cost also includes all group rehearsal times scheduled. Our wish for our dancers is that they are able to train in as many styles as possible and take as many classes offered for their age as possible.</p>



TDA TEAM CONVENTION/COMPETITION SCHEDULE, RATES & DUE DATES 2024-2025

Event Date	Event Name	Location	Optional/Required	Rates	Deadlines
TBA	TDA Intensive	Des Moines, IA @ The Dance Avenue	REQUIRED	TBA	TBA
October 4-6	Celebrity Convention	Minneapolis, MN @ Marriott Northwest	OPTIONAL	Mini (3-6): \$255 Junior (7-8), Intermediate (9-11), Teen (12-14), Senior (15 & Up): \$355 One Day: \$250 / Convention Solo: \$187	Charged: Sep. 2 Due: Sep. 9
October 6	Talent On Parade Dance Directive (TOPS)	Des Moines, IA @ Iowa Events Center	OPTIONAL	Beginner (5-7): \$90 Intermediate (8-12): \$150 Advanced (13 & up): \$160	Charged: Sep. 2 Due: Sep. 9
October 12-13	Symposium Talent Intensive	Des Moines, IA @ Iowa Events Center	OPTIONAL	Beginner: \$150 Intermediate / Advanced: \$190	Charged: Sep. 15 Due: Sep. 20
October 20	DMMA Convention	Des Moines, IA @ MADE Dance Studio	REQUIRED	Mini (8 & Under): \$55 Junior (9-11): \$105 Teen (12-14): \$120 Senior (15 & Up): \$120	Charged: Oct. 1 Due: Oct. 5
November 2	Dance Out Convention	Kansas City, MO @ KC Convention Center	OPTIONAL	\$135 Ages 8 & Under, Ages 9-12, Ages 13 & Up	Charged: Sep. 15 Due: Sep. 20
November 3	Titans Of Dance Convention	Des Moines, IA @ Holiday Inn Airport	OPTIONAL	Mini (6-9): \$160 Junior (10-12): \$160 Senior (13 & up): \$160	Charged: Sep. 15 Due: Sep. 20
November 10	Immerse Artists Experience	Des Moines, IA @ Sheraton WDM	OPTIONAL	\$175 Mini (5-8), Junior (9-12), Teen/Senior (13-19)	Charged: Oct. 1 Due: Oct. 5
November 22-24	Hollywood Vibe	Des Moines, IA @TBA	OPTIONAL	Mini (5-7): \$190 / Junior (8-10): \$320 Pre-Teen (11-12): \$320 Teen (13-14): \$320 / Sr (15-18): \$320	Charged: Oct. 1 Due: Oct. 5
February 1-2	Tremaine Convention	Kansas City, MO @ Sheraton Crown Center	OPTIONAL	Mini (5-7): \$195 / Junior (7-10): \$310 Teen (11-14): \$310 / Sr (15 & Up): \$310	Charged: Dec. 1 Due: Dec. 5
February 14-16	Dress Rehearsals	Des Moines, IA	REQUIRED	n/a	n/a
February 28-March 2	Dance Out	Des Moines, IA	REQUIRED	Solo: \$145 / Title \$40 Duet/Trio: \$80/dancer Groups: \$68/dancer	Charged: Oct. 1 Due: Oct. 15
March 7-9	Celebrity	Ames, IA @ Stephens Auditorium	REQUIRED	Solo: \$175 Duet/Trio: \$95/dancer Group: \$75/dancer	Charged: Nov. 1 Due: Nov. 15
March 28-30	The Movement	Des Moines, IA	REQUIRED	Solo: \$140 / Title: \$45 Duet/Trio: \$75/dancer Groups: \$70/dancer Photogenic: \$40	Charged: Dec. 1 Due: Dec. 15
April 4-6	Dance Champs	Des Moines, IA	OPTIONAL	Solo: \$170 / Title: \$55 Duet/Trio: 70/dancer Groups: \$60/dancer	Charged: Jan. 1 Due: Jan. 15
April 11-13	Turn It Up	Des Moines, IA	OPTIONAL	Solo: \$165 / Title: \$65 Duet/Trio: \$86/dancer Group: \$71/dancer	Charged: Jan. 1 Due: Jan. 15
April 25-27	The Movement	Kansas City, MO @TBA	OPTIONAL	Solo: \$140 / Title: \$45 Duet/Trio: \$75/dancer Groups: \$70/dancer Photogenic: \$40	Charged: Jan. 1 Due: Jan. 15
PLEASE NOTE: - other guest instructors may be brought in to TDA at various times during the year and it is highly recommended to participate - all fees and information presented are as of August 26, 2024. Dates & fees are subject to change by the competition companies at any time - the required competition schedule is subject to change due to available registration		TITLE DIVISION If you are a soloist who would like to be entered in the title division, you will need to sign up for the Title Division "class" on the parent portal. Once you are signed up for this class, you will be entered for each title division for all of your solos when available at competition. These fees will be added to your accounts and debited with your competition fees.		PHOTOGENIC Dancers and their parent(s) are responsible for entering photogenic at any competition they are interested in. These are often done in person at the competition.	

SEPTEMBER 2024



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 <i>September Tuition Charged</i> <i>First Team Group Costume Fees Charged</i>	2 LABOR DAY <i>First Team Solo & Duet Costume Fee Debit</i> <i>Celebrity & TOPS Conventions Charged</i>	3	4 ALL TEAM MEETINGS 6:30 pm - LEVEL 1 & 2 7:30 pm - LEVEL 3, 4, 5	5 <i>September Tuition Debit</i>	6	7
8 IDT Nutcracker Second Chance Auditions 1:00 pm at IBA	9 FIRST DAY OF CLASSES 2023 <i>Celebrity & TOPS Conventions Debit</i> HOMECOMING WEEK (CARLISLE/NORWALK)	10 HOMECOMING WEEK (CARLISLE/NORWALK)	11 HOMECOMING WEEK (CARLISLE/NORWALK)	12 Costume Sale (KC) HOMECOMING WEEK (CARLISLE/NORWALK)	13 HOMECOMING WEEK (CARLISLE/NORWALK)	14 HOMECOMING WEEK (CARLISLE/NORWALK)
15 <i>Dance Out, Titans of Dance & Symposium Conventions Charged</i>	16 HOMECOMING WEEK (LINCOLN)	17 HOMECOMING WEEK (LINCOLN)	18 HOMECOMING WEEK (LINCOLN)	19 HOMECOMING WEEK (LINCOLN)	20 <i>Dance Out, Titans of Dance & Symposium Conventions Debit</i> HOMECOMING WEEK (LINCOLN)	21 HOMECOMING WEEK (LINCOLN)
22	23	24	25	26	27	28
29	30 <i>First Team Group Costume Fees Debit</i>					

OCTOBER 2024



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 <i>October Tuition Charged</i> <i>DMMA, Immerse, & Hollywood Vibe Conventions Charged</i> <i>Dance Out Competition Charged</i>	2	3	4 Celebrity Convention (MN)	5 <i>October Tuition Debit</i> <i>DMMA, Immerse, & Hollywood Vibe Conventions Debit</i> Celebrity Convention (MN)
6 Celebrity Convention (MN) TOPS Convention (DSM)	7	8	9	10	11	12 Symposium Convention (DSM)
13 Symposium Convention (DSM)	14	15 <i>Dance Out Competition Debit</i>	16	17	18	19
20 DMMA Convention (DSM)	21	22	23	24 ISDTA State Solo Qualifiers (Pella, Newton)	25 ISDTA State Solo Qualifiers (Pella, Newton)	26 Level 4 & 5 Bonfire 6:00-10:00 pm
27	28 HALLOWEEN COSTUME DAYS	29 HALLOWEEN COSTUME DAYS	30 BEGGARS NIGHT NO CLASSES	31 HALLOWEEN COSTUME DAYS HALLOWEEN		

NOVEMBER 2024



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 <i>November Tuition Charged</i> <i>Celebrity Competition Charged</i>	2 Dance Out Convention (KC)
3 Titans of Dance Convention (DSM)	4	5 <i>November Tuition Debit</i>	6	7	8	9
10 Immerse Artists Experience (DSM)	11	12	13	14	15 <i>Celebrity Competition Debit</i>	16
17	18	19	20	21	22 Hollywood Vibe (DSM)	23 Hollywood Vibe (DSM) Rock On To State
24 Hollywood Vibe (DSM)	25 FALL BREAK - <i>No Classes</i> ALL TEAM THANKSGIVING DINNER 6:00-7:30 pm	26 FALL BREAK - <i>No Classes</i>	27 FALL BREAK - <i>No Classes</i>	28 FALL BREAK - <i>No Classes</i> THANKSGIVING	29 FALL BREAK - <i>No Classes</i>	30 FALL BREAK - <i>No Classes</i>

DECEMBER 2024



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 <i>December Tuition Charged</i> <i>Tremaine Convention Charged, The Movement Competition Charged</i> FALL BREAK - <i>No Classes</i>	2	3	4	5 <i>December Tuition Debit</i> <i>Tremaine Convention Debit</i>	6	7
8	9	10	ISDTA State Competition	ISDTA State Competition	ISDTA State Competition	14
15	HOLIDAY PAJAMA DAYS	HOLIDAY PAJAMA DAYS	HOLIDAY PAJAMA DAYS	12 IDT Nutcracker School Show 10:00 School Show 12:00 MODIFIED THURSDAY CLASS SCHEDULE	13 IDT Nutcracker School Show 10:00 Public Show 7:00	IDT Nutcracker Public Show 2:00 Public Show 7:00 MODIFIED SATURDAY CLASS SCHEDULE
15 <i>The Movement Competition Debit</i>	16	17	18	19	20	21
22	23	24	25	26	27	28
WINTER BREAK - <i>No Classes</i>	WINTER BREAK - <i>No Classes</i>	WINTER BREAK - <i>No Classes</i> CHRISTMAS EVE	WINTER BREAK - <i>No Classes</i> CHRISTMAS	WINTER BREAK - <i>No Classes</i>	WINTER BREAK - <i>No Classes</i>	WINTER BREAK - <i>No Classes</i>
29	30	31				
WINTER BREAK - <i>No Classes</i>	WINTER BREAK - WINTER BREAK TEAM REHEARSALS <i>(DAYTIME)</i>	WINTER BREAK - WINTER BREAK TEAM REHEARSALS <i>(DAYTIME)</i> NEW YEARS EVE				

JANUARY 2025



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 WINTER BREAK - <i>No Classes</i> <i>January Tuition Charged</i> <i>Dance Champs, Turn It Up & The Movement (KC) Competitions Charged</i> NEW YEARS DAY	2 WINTER BREAK - <i>No Classes</i>	3 WINTER BREAK - <i>No Classes</i>	4 CLASSES RESUME
5 <i>January Tuition Debit</i>	6	7	8	9	10	11
12	13	14	15 <i>Dance Champs, Turn It Up & The Movement (KC) Competitions Debit</i>	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

FEBRUARY 2025



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 <i>February Tuition Charged</i> <i>Recital Costume Fees Charged</i> Tremaine (KC)
2 Tremaine (KC)	3	4	5 <i>February Tuition Debit</i>	6	7	8
9	10	11	12	13	14 TDA TEAM DRESS REHEARSALS (GROUPS)	15 TDA TEAM DRESS REHEARSALS (SOLOS)
16 TDA TEAM DRESS REHEARSALS (DUETS)	17	18	19	20	21	22
23	24	25	26	27	28 <i>Recital Costume Fees Debit</i> DANCE OUT COMPETITION (DSM)	

MARCH 2025



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 <i>March Tuition Charged</i> <i>Recital Fee Charged</i> DANCE OUT COMPETITION (DSM)
2 DANCE OUT COMPETITION (DSM)	3	4	5 <i>March Tuition Debit</i> POSSIBLE EXTRA REHEARSALS IF NEEDED	6	7 CELEBRITY COMPETITION (AMES)	8 CELEBRITY COMPETITION (AMES)
9 CELEBRITY COMPETITION (AMES)	10 TDA SPIRIT WEEK	11 TDA SPIRIT WEEK	12 TDA SPIRIT WEEK	13 TDA SPIRIT WEEK	14 Spring Break - <i>No Classes</i>	15 Spring Break - <i>No Classes</i>
16 Spring Break - <i>No Classes</i>	17 Spring Break - <i>No Classes</i>	18 Spring Break - <i>No Classes</i>	19 Spring Break - <i>No Classes</i>	20 Spring Break - <i>No Classes</i>	21 Spring Break - <i>No Classes</i>	22 Spring Break - <i>No Classes</i>
23 Spring Break - <i>No Classes</i>	24	25	26 POSSIBLE EXTRA REHEARSALS IF NEEDED	27	28 THE MOVEMENT COMPETITION (DSM)	29 THE MOVEMENT COMPETITION (DSM)
30 THE MOVEMENT COMPETITION (DSM)	31 <i>Recital Fee Debit</i>					

APRIL 2025



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 <i>April Tuition Charged</i>	2	3	4 Dance Champs Competition (DSM)	5 <i>April Tuition Debit</i> Dance Champs Competition (DSM) Norwalk Prom
6 Dance Champs Competition (DSM)	7	8	9	10	11 Turn It Up Competition (DSM)	12 Turn It Up Competition (DSM) Carlisle Prom
13 Turn It Up Competition (DSM)	14	15	16	17	18 GOOD FRIDAY	19 Easter Weekend - No Classes
20 Easter Weekend - No Classes EASTER SUNDAY	21	22	23	24	25 The Movement Competition (KC)	26 The Movement Competition (KC) Lincoln Prom
27 The Movement Competition (KC)	28	29	30			

MAY 2025



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 <i>May Tuition Charged</i>	2	3
4	5 <i>May Tuition Debit</i>	6	7	8	9	10 FINALE REHEARSALS BEGIN (TENTATIVE)
11	12	13	14 RECITAL PHOTOS (tentative) <i>No Classes</i>	15 TEAM PHOTOS (tentative) <i>No Classes</i>	16	17
18 COMMENCEMENT (CARLISLE)	19 TEAM AUDITIONS Level 4 & Level 5 (tentative)	20	21 TEAM AUDITIONS Level 2 & Level 3 (tentative)	22	23	24 MEMORIAL DAY WEEKEND - <i>No Classes</i> COMMENCEMENT (LINCOLN)
25 MEMORIAL DAY WEEKEND - <i>No Classes</i> COMMENCEMENT (NORWALK)	26 MEMORIAL DAY - <i>No Classes</i>	27	28	29	30	31

JUNE 2025



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 <i>June Tuition Charged</i>	2	3	4	5 <i>June Tuition Debit</i>	6	7
8	9	10	11	12	13	14
15	16	17 RECITAL WEEK (tentative) - Move In Day - Dress Rehearsal A	18 RECITAL WEEK (tentative) - Dress Rehearsal B	19 RECITAL WEEK (tentative) - Show A 7:00pm	20 RECITAL WEEK (tentative) - Show B 7:00 pm	21 RECITAL WEEK (tentative) - Show A 1:00 pm - Show B 6:00 pm
22	23	24	25	26	27	28
29	30					

JULY 2025



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 <i>Summer Study Charged</i> PRIVATE LESSONS	2	3 PRIVATE LESSONS	4	5 <i>Summer Study Debit</i>
6	7 DANCE/TUMBLING CAMPS	8 SUMMER STUDY	9 DANCE/TUMBLING CAMPS	10 SUMMER STUDY	11	12
13	14 DANCE/TUMBLING CAMPS	15 SUMMER STUDY	16 DANCE/TUMBLING CAMPS	17 SUMMER STUDY	18	19
20	21	22 SUMMER STUDY	23	24 SUMMER STUDY	25	26
27	28 STATE FAIR CAMP	29 STATE FAIR CAMP	30 STATE FAIR CAMP	31		

AUGUST 2025



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 <i>State Fair Camp Charged</i> <i>Ballet Intensive Charged</i>	2
3	4 STATE FAIR CAMP	5 STATE FAIR CAMP STATE FAIR PARADE & SHOW REHEARSAL <i>State Fair Camp Debit</i> <i>Ballet Intensive Debit</i>	6 STATE FAIR PARADE (tentative)	7 STATE FAIR PERFORMANCE (tentative)	8	9
10	11	12 BALLET INTENSIVE	13 BALLET INTENSIVE	14	15	16
17	18	19 BALLET INTENSIVE	20 BALLET INTENSIVE	21	22 NUTCRACKER AUDITIONS (tentative)	23 NUTCRACKER AUDITIONS (tentative)
24	25	26	27	28	29	30
31						

TDA TEAM MASTER SCHEDULE 2024-2025

MONDAYS

	Studio 1 - Purple	Studio 2 - Green	Studio 3 - Gray	Studio 4 - Black	
4:00-4:10					
4:10-4:20					
4:20-4:30					
4:30-4:40			Babies Tumbling M	Team Level 1 Ballet	Rec Classes
4:40-4:50			4:30-5:00	4:30-5:00	Rec Classes
4:50-5:00					Team Classes
5:00-5:10	Kinder Jazz M	Babies Dance M	Petite Tumbling	Team Level 1 Tap	Team Classes
5:10-5:20	5:00-5:30	5:00-5:30	5:00-5:30	5:00-5:30	Group Rehearsals
5:20-5:30					Group Rehearsals
5:30-5:40	Kinder Hip Hop M	Pre-School Dance M	Team Level 1 Hip Hop	Petite Hip Hop	Duet/Trio Rehearsals
5:40-5:50	5:30-6:00	5:30-6:00	5:30-6:00	5:30-6:00	Duet/Trio Rehearsals
5:50-6:00					Solo Rehearsals
6:00-6:10	Kinder Dance M	Team Level 1 Jazz	Pre-School Tumbling M	Petite Dance	Solo Rehearsals
6:10-6:20	6:00-6:40	6:00-6:30	6:00-6:30	6:00-6:40	Private Lessons
6:20-6:30					Private Lessons
6:30-6:40		Pre-School Jazz M	Team Level 1 Tumbling		Choreography
6:40-6:50	Team Level 4 & 5 Tap	6:30-7:00	6:30-7:00	Petite Jazz	Choreography
6:50-7:00	6:40-7:10			6:40-7:10	Repeat Rehearsals
7:00-7:10		Group Q	Kinder Tumbling M		Repeat Rehearsals
7:10-7:20	Trio AA / Duet W	7:00-7:30	7:00-7:30	Group X	
7:20-7:30	(EOW)			7:10-7:40	
7:30-7:40	7:10-7:40	Group R - Cupcakes (12/16)			
7:40-7:50		7:30-7:50		Group AA	
7:50-8:00				7:40-8:10	
8:00-8:10					
8:10-8:20				Group BB	
8:20-8:30				8:10-8:40	
8:30-8:40					
8:40-8:50				Team Combo	
8:50-9:00				8:40-9:40	
9:00-9:10					
9:10-9:20					
9:20-9:30					
9:30-9:40					
9:40-9:50					
9:50-10:00					

TUESDAYS

	Studio 1 - Purple	Studio 2 - Green	Studio 3 - Gray	Studio 4 - Black	
4:00-4:10					
4:10-4:20					
4:20-4:30	Team Level 2 Tap				
4:30-4:40	4:20-4:50			Team Level 3 Jazz	Rec Classes
4:40-4:50				4:30-5:30	Rec Classes
4:50-5:00	Team Level 2 Ballet				Team Classes
5:00-5:10	4:50-5:30				Team Classes
5:10-5:20					Group Rehearsals
5:20-5:30					Group Rehearsals
5:30-5:40	Intermediate Dance			Group XS	Duet/Trio Rehearsals
5:40-5:50	5:30-6:30			5:30-6:00	Duet/Trio Rehearsals
5:50-6:00					Solo Rehearsals
6:00-6:10				Group A	Solo Rehearsals
6:10-6:20				6:00-6:30	Private Lessons
6:20-6:30					Private Lessons
6:30-6:40	Team Level 3 Ballet	Trio F	Intermediate Tumbling	Team Level 4 Ballet	Choreography
6:40-6:50	6:30-7:10	6:30-6:50	6:30-7:10	6:30-7:30	Choreography
6:50-7:00		Duet C			Repeat Rehearsals
7:00-7:10		6:50-7:10			Repeat Rehearsals
7:10-7:20	Intermediate Jazz	Trio V	Team Level 3 Tumbling		
7:20-7:30	7:10-7:40	7:10-7:30	7:10-8:10		
7:30-7:40		Duet X		Team Level 4 Pointe	
7:40-7:50	Intermediate Hip Hop	7:30-7:50		7:30-8:00	
7:50-8:00	7:40-8:10				
8:00-8:10				Team Level 5 Ballet	
8:10-8:20				8:00-9:00	
8:20-8:30					
8:30-8:40					
8:40-8:50					
8:50-9:00					
9:00-9:10				Team Level 5 Pointe	
9:10-9:20				9:00-9:40	
9:20-9:30					
9:30-9:40					
9:40-9:50					
9:50-10:00					

WEDNESDAYS

	Studio 1 - Purple	Studio 2 - Green	Studio 3 - Gray	Studio 4 - Black	
4:00-4:10					
4:10-4:20					
4:20-4:30					
4:30-4:40					
4:40-4:50					
4:50-5:00					
5:00-5:10	Pre-School Dance W		Babies Tumbling W	Jr/Teen Classical Ballet	Rec Classes
5:10-5:20	5:00-5:30		5:00-5:30	5:00-5:40	Rec Classes
5:20-5:30		Kinder Dance W			Team Classes
5:30-5:40	Babies Dance W	5:20-6:00	Pre-School Tumbling W		Team Classes
5:40-5:50	5:30-6:00		5:30-6:00	Junior/Teen Tumbling	Group Rehearsals
5:50-6:00				5:40-6:20	Group Rehearsals
6:00-6:10	Pre-School Jazz W		Kinder Tumbling W		Duet/Trio Rehearsals
6:10-6:20	6:00-6:30		6:00-6:30		Duet/Trio Rehearsals
6:20-6:30					Solo Rehearsals
6:30-6:40		Kinder Jazz W			Solo Rehearsals
6:40-6:50		6:30-7:00			Private Lessons
6:50-7:00					Private Lessons
7:00-7:10	Teen Hip Hop	Kinder Hip Hop W		Junior Hip Hop	Choreography
7:10-7:20	7:00-7:30	7:00-7:30		7:00-7:30	Choreography
7:20-7:30					Repeat Rehearsals
7:30-7:40	Teen Jazz			Junior Jazz	Repeat Rehearsals
7:40-7:50	7:30-8:00			7:30-8:00	
7:50-8:00					
8:00-8:10	Teen Lyrical			Junior Lyrical	
8:10-8:20	8:00-8:30			8:00-8:30	
8:20-8:30					
8:30-8:40	Teen Tap	Adult Dance		Junior Tap	
8:40-8:50	8:30-9:00	8:30-9:30		8:30-9:00	
8:50-9:00					
9:00-9:10					
9:10-9:20					
9:20-9:30					
9:30-9:40					
9:40-9:50					
9:50-10:00					

THURSDAYS

	Studio 1 - Purple	Studio 2 - Green	Studio 3 - Gray	Studio 4 - Black	
4:00-4:10					
4:10-4:20					
4:20-4:30	Team Level 4 Ballet	Team Level 2 Jazz		Group V	Rec Classes
4:30-4:40	4:20-5:10	4:20-5:10		4:20-4:50	Rec Classes
4:40-4:50					Team Classes
4:50-5:00					Team Classes
5:00-5:10		Team Level 3 Tap	Team Level 2 Tumbling		Group Rehearsals
5:10-5:20	Team Level 4 Pointe	5:00-5:40	5:00-5:40		Group Rehearsals
5:20-5:30	5:10-5:50				Duet/Trio Rehearsals
5:30-5:40					Duet/Trio Rehearsals
5:40-5:50		Team Level 3 Ballet	Duet B		Solo Rehearsals
5:50-6:00	Team Level 5 Ballet	5:40-6:20	5:40-6:00	Team Level 4 Jazz	Solo Rehearsals
6:00-6:10	5:50-6:50		Duet D	5:50-6:50	Private Lessons
6:10-6:20			6:00-6:20		Private Lessons
6:20-6:30		Group B	Duet A		Choreography
6:30-6:40		6:20-6:50	6:20-6:40		Choreography
6:40-6:50					Repeat Rehearsals
6:50-7:00	Team Level 5 Pointe	Solo C	Boys Hip Hop	Group W	Repeat Rehearsals
7:00-7:10	6:50-7:30	6:50-7:10	6:50-7:20	6:50-7:20	
7:10-7:20		Duet Z			
7:20-7:30		7:10-7:30	Team Boys Ballet/Hip Hop		
7:30-7:40	Group D	Duet Q	7:20-7:50	Team Level 5 Jazz	
7:40-7:50	7:30-8:00	7:30-7:50		7:30-8:30	
7:50-8:00			Group H		
8:00-8:10	Duet J	Duet L	7:50-8:20		
8:10-8:20	8:00-8:20	8:00-8:20			
8:20-8:30		Duet M	Duet P		
8:30-8:40	Group M	8:20-8:40	8:20-8:40	Group N	
8:40-8:50	8:30-9:00			8:30-9:00	
8:50-9:00					
9:00-9:10	Group O			Group P	
9:10-9:20	9:00-9:30			9:00-9:30	
9:20-9:30					
9:30-9:40					
9:40-9:50					
9:50-10:00					

SATURDAYS

	Studio 1 - Purple	Studio 2 - Green	Studio 3 - Gray	Studio 4 - Black	
8:00-8:10	Group E - I Enjoy Being	Group Z - Sinnerman		Group K - Party's Over	Rec Classes
8:10-8:20	Group J - Cosmic Love	Group Y - Edamame		Group L - Money	Rec Classes
8:20-8:30	(Starts 12/7)	(Starts 12/7)		(Starts 12/7)	Team Classes
8:30-8:40	Group G			Group F	Team Classes
8:40-8:50	8:30-9:00			8:30-9:00	Group Rehearsals
8:50-9:00					Group Rehearsals
9:00-9:10	Duet I	Solo B		Duet O	Duet/Trio Rehearsals
9:10-9:20	9:00-9:20	9:00-9:20		9:00-9:20	Duet/Trio Rehearsals
9:20-9:30	Duet T	Solo E		Team Level 4 Tumbling	Solo Rehearsals
9:30-9:40	9:20-9:40	9:00-9:20		9:20-10:10	Solo Rehearsals
9:40-9:50	Solo F	Solo G			Private Lessons
9:50-10:00	10:00-10:20	10:10-10:30			Private Lessons
10:00-10:10					Choreography
10:10-10:20	Solo I	Solo L		Team Level 5 Tumbling	Choreography
10:20-10:30	10:00-10:20	10:30-10:50		10:10-11:00	Repeat Rehearsals
10:30-10:40	Solo K	Solo M			Repeat Rehearsals
10:40-10:50	10:10-10:30	10:10-10:30			
10:50-11:00					
11:00-11:10	Production				
11:10-11:20	11:00-11:30				
11:20-11:30					
11:30-11:40	Group T	Solo O		Group I	
11:40-11:50	11:30-12:00	11:30-11:50		11:30-12:00	
11:50-12:00					
12:00-12:10	Group U - Pop 12/7			Solo R	
12:10-12:20	Group C - Lullaby 12/7			12:00-12:20	
12:20-12:30	Solo J			Solo T	
12:30-12:40	12:20-12:40			12:20-12:40	
12:40-12:50					
12:50-1:00					



Big & Littles 2024-2025

The TDA big/little tradition started a long time ago and continues to be a great way for team kids to get to know each other, help and support each other and encourage growth as teammates and friends! Many times during the year the dancers will be grouped with their big/little for parties, team building and more. **Be sure introduce yourself to your big/little as soon as possible and fill out your big/little questionnaire and exchange with them!** The main goal for big/little is to support each other and be each other's biggest cheerleader. Beyond that, they get each other gifts for the team holiday party, first and/or last competition and/or recital. In the past, some have agreed upon a gift giving schedule and/or spending amount, but remember it's not as much about the gifts as it is building each other up and big's being a good role model and friend for their little!

Bro: Preston Martin
Bro: Kyler Greenlee

Bro: Camden Nuzum
Bro: Ben Shuput

B: Alexi Rice
L: Lucia O'Brien

B: Abigail Helm
L: Zeplynn Magee

B: Danica Penman
L: Maicey Silsby

B: Emma Davidson
L: Memphis Theulen

B: Katie Kennedy
L: Mia Jo Hockins

B: Olivia Ewing
L: Ella Hutton

B: Elsie Johnson
L: Lennyn Stewart

B: Olivia Helm
L: Collette Ernst

B: Peyton Hegwood
L: Chloe Dickenson

B: Brinley Long
L: Sunny Pope

B: Izzy Durbin
L: Zara Howe

B: Kayley Barr
L: Kaia Cooper

B: Ella Tiefenthaler
L: Parker Metzger

B: Abbie Kluender
L: Adalynn Onstot

B: Hannah DePriest
L: Emberlyn Evison

B: Khloe Luong
L: Paisley Herr

B: Audrina Penman
L: Stella Schlapia

B: Addison Husted
L: Brooklyn Veach

B: Sophia Miller
L: Collyns Greenlee

B: Hadlee Short
L: Cami Walker

B: Bella Lucas
L: Olive Doughty

B: Lucille Jenkins
L: Ever Thompson

B: Barbi Campbell
L: Campbell Rieman

B: Reese Porter
L: Savannah Smith

B: Reagan Castellano
L: Ava Meador

B: Charlee Williams
L: Ellie Doschadis

B: Arianna Bowen
L: Sofia Kritskiy

B: Senya Marin
L: Caroline Thorson

B: Lauren Pitts
L: Brylee Thompson

B: Londyn Herr
L: Eva Martin

B: Ali Bruner
L: Emeline Mosby

B: Aidrey Pelzer
L: Emersyn Jacobsen

B: Kendall Roof
L: Kenzley Bowman

B: Brooklyn Van Horn
L: Lola Sanchez

B: Macey Bengard
L: Malia McCoy

B: Gracie Doschadis
L: Paisley Robinson

B: Madison Veach
L: Sawyer Link

B: Skylar Evans
L: Alivia Robinson

B: Aubrey Wyckoff
L: Avery Finnegan

B: Sage Schlapia
L: Madison Whiting

B: Zoey Husted
L: Madyson Scholer



Big Sister / Little Sister & Bros Questionnaire

Please fill out one copy of the following form for each big/little sister or brother you have.

Once your form is complete, **please exchange directly with your big/little and get to know each other!**

Name: _____ Birthday: _____

Age: _____ Grade: _____ School: _____ Team/Level: _____

A little bit about me... (Please introduce/describe yourself): _____

Favorites:

· Color(s): _____

· Music: _____

· Restaurant: _____

· Store/Brand: _____

· Snack Foods: _____

· Candy: _____

· Drink: _____

Hobbies/Interests: _____

Clothing/Shoe Sizes: _____

Things You Collect: _____

Anything Else You Want Your Little/Big To Know: _____



TDA Team Classroom Rules & Expectations

1. **ALWAYS TRY YOUR HARDEST.**

Give 110% all the time! Keep in mind younger dancers are always watching!

2. **NEVER TALK WHILE THE TEACHER IS TALKING.**

Be respectful to and listen to your teachers at all times!

Talking with your classmates/friends should happen in the lobby – not in the classroom!

3. **ALWAYS BE KIND TO OTHERS.**

Encourage each other and be respectful to everyone! Show love to all!

4. **NEVER GIVE UP.**

Never say I can't – keep trying! Repetition is key!

5. **ALWAYS BE PREPARED FOR CLASS.**

Wear the correct attire and hairstyle, have all your shoes, use the bathroom before class, spit out gum, bring your water in to class, arrive early, no using cell phones or apple watches in class!

6. **HAVE FUN.**

Dance is fun! Don't forget to bring the positivity and joy!

**WORK HARD, BE RESPECTFUL, BE KIND,
HAVE A GREAT ATTITUDE, BE PREPARED,
AND HAVE FUN!**

What it Means to Be a Teammate

As the saying goes, "There's no 'I' in team." The inferred meaning rings true for a dancer. When individual mistakes on and off the dance floor have the potential to derail the success of an entire team, nothing is more important than teamwork.

Many of the qualities that athletes develop on their journey to becoming a great teammate will impact their "future-self" tremendously. Here are 12 valuable reminders of what it means to be a great teammate:

A great teammate develops real relationships.

Success doesn't necessarily mean winning but rather the enjoyment had throughout the season. Get to know your teammates in and out of the studio.

A great teammate is willing to play any role on the team.

Having a "team-first" attitude with the will to fulfill any role necessary enables the team's best chance of being successful.

A great teammate gives maximum effort.

Never give less than your best. As cliché as it sounds, hard work beats talent when talent doesn't work hard.

A great teammate works hard to improve.

Always strive to be better than yesterday. After perfecting a trick or tumbling pass, set a new goal; reach higher, and get to work.

A great teammate leads by example.

Actions speak louder than words: show up early; leave late; listen to the teacher; stay engaged, and be mentally present 100% of the time.

A great teammate is always prepared.

By ensuring you're prepared, you prove dependability to your coaches and teammates. Be stretched, warmed-up, caught-up on choreography, and ready to put your best foot forward each day.

A great teammate understands their strengths and weaknesses.

Self-evaluate your abilities and determine strengths to utilize and weaknesses to improve. Personal responsibility and the willingness to learn and grow are valuable traits both in and out of dance.

A great teammate consistently shows a positive and energetic attitude.

Consistency is key. A great teammate is positive, full of energy and enthusiasm, regardless of the situation. Positivity will transfer to the other members of your team, but, adversely, negativity will do the same.

A great teammate is willing to accept feedback.

Regardless of whether or not you agree, always listen carefully to feedback. Be willing to learn and accept advice from your teachers and older team members. Over the course of a lifetime, the knowledge you can gain from those around you could be exponential.

A great teammate supports others when they are struggling.

If you notice a teammate feeling down, take a few moments to check on them and build them up. Showing compassion and empathy goes a long way. You never know what someone may be battling, so be kind and understanding.

A great teammate never places blame or finds excuses.

Leaders (and great teammates) accept responsibility. Adversity is inevitable; handle conflict by holding yourself accountable, and focus on what you can do to help the team succeed.

A great teammate makes others feel valued.

Be a constant stream of encouragement and support. Encourage others, and you'll see the intensity of practice, as well as your relationships, grow. The best part...? Once you start to encourage and support your teammates, your teammates will start to encourage and support you!

The best teams are made up of athletes who work together and who are willing to make sacrifices. You don't have to be the most talented member of the team to leave the biggest impact. Being a great teammate is a mindset, not a skill.



SOLO/DUET/TRIO COSTUME FEES

Because we purchase most of our solo and duet/trio costumes in a sale in Kansas City during the first week of TDA classes, it is imperative that the first costume deposit for solos and duet/trios be paid prior to the sale date. Costumes at this sale are often fully rhinestoned and custom made so the prices are a bit higher but the quality, originality and the fact that they are virtually stage ready is more than worth it. This the first solo and duet/trio deposit to be paid. The second/final payment will be assigned if needed, once we have the final price on each costume.

Solo/Duet/Trio Costume Fees Charged: Monday, August 19th

Solo/Duet/Trio Costume Fees Debit: Monday, September 2nd

CLASS	FEE
Solos	\$175.00
Duets/Trios	\$150.00

GROUP COSTUME FEES

This is the first deposit to be paid on team group costumes. The second and final payment will be assigned once there is a final cost on each costume purchased or made.

Please submit payment anytime between September 1st - September 30th.

If not paid by September 30th, fees will be auto-debited using your card on file.

CLASS	FEE
Small Groups/Large Groups	\$100.00
Lines/Production	\$100.00

COSTUME SIZE FORM 2024-2025

Dancer Name: _____ Dancer Level/Team: _____

Parent Name(s): _____


Bust: _____ Waist: _____ Hips: _____ Girth: _____ Inseam: _____

T-Shirt Size: _____ Bra Size (Level 4/5 Dancers): _____ Shoe Size: _____

Preferred Costume Size To Order *(please circle one – note that not all sizes are always available):*

Small Child (6) Intermediate Child (7-8) Medium Child (10-12) Large Child (14) Extra Large Child (16-18)

Extra Small Adult (0-2) Small Adult (4-6) Medium Adult (8-10) Large Adult (12-14) Extra Large Adult (16-18)



How To Measure Your Dancer

Have your dancer wear fitted attire (preferably a leotard–no street clothes!) to ensure the most accurate measurements.

When measuring, instruct dancers to stand up straight, look forward, and take a deep breath in & out to allow for a natural fit and additional room. This is especially important when taking the girth, bust, and waist measurements.

- **Girth - Girth is the most important measurement when determining size!** Have your dancer wear undergarments or a lightweight leotard with a bra that gives the bust line its typical shape for most accurate measurements.
- **Bust** - Measure around the fullest part of the chest, keeping the tape horizontal, and have dancer stand with arms down at their sides.
- **Waist** - To identify the natural waistline, instruct dancer to bend over to one side and have the place a finger at the indentation. As the dancer stands up, use this point as the indicator for where to measure around the waist.
- **Hips** - Have dancer stand with their feet together and measure around the fullest part of the buttocks.
- **Inseam** - Place the measuring tape at the inner leg, measuring from the crotch all the way to the floor.



TDA TEAM DANCER/PARENT CONTRACT 2024-2025

DANCER:

I agree to follow all rules and policies in this handbook. My parent/guardian and I have gone over the rules and expectations that I must follow as a member of The Dance Avenue Team. I understand that being on team is an honor and a privilege and I must always try my very best. I also know that I must adhere to the attendance policies, wear the correct attire and shoes and have a positive attitude always. I promise to be a good teammate and to follow the classroom rules which include no bullying or being mean, hurtful or criticizing any members of my team both in and outside of the studio. I promise to be respectful to all teachers, dancers and parents and I promise to have FUN!!

Dancer Signature: _____ Date: _____

PARENT:

I agree to follow all rules and policies in this handbook. I have gone over the rules and expectations that my dancer and I must follow as members of The Dance Avenue Team. I understand that my child being on team is an honor and a privilege and I will always encourage and assist my dancer in being their best. I will make sure my dancer attends class on time, wearing the correct attire and shoes and I will stress the importance of a positive attitude always. I promise to see that my dancer adheres to the attendance policies and follows the classroom rules. I will also talk to my dancer about being kind to others and not bullying or being mean or hurtful to anyone in or outside of the studio. I will be respectful of all the teachers, dancers and parents on the TDA Team. I will always remember that we are here for the kids and here to have FUN!!

Parent Signature: _____ Date: _____



SMART SOCIAL MEDIA USAGE from the Cyberbullying Research Center with additional resources.

Don't let your social media use negatively affect your life, relationships and place on the team. Follow these simple strategies and avoid problems later!

1. **DON'T POST OR SEND ANYTHING YOU WOULD BE EMBARRASSED FOR CERTAIN OTHERS TO SEE.** Think about what your family, friends, future employers, or college admissions officers might think if they see it. How would you feel if that statement, photo or video was forever tied to your name and identity? Does it really represent who you are? Remember, your keyboard may have a "delete" button, but once it is online it is often impossible to remove. Never take or send inappropriate photos or engage in activity forwarding said photos to others. Besides being illegal, it is extremely damaging to you and your family and can have serious implications for your future.
2. **DO START EARLY IN BUILDING A POSITIVE ONLINE REPUTATION.** Don't wait until you are getting ready for college or applying for a job to start cleaning up your social media. From the very first post you make on a social media platform, think about how others will perceive and interpret what you share. Also, actively involve yourself in many positive activities. Excel academically, volunteer, lead a social group, give a speech, do community service. Write positive, thought-provoking and creative blog posts or editorials. Get yourself featured in newsworthy and positive projects. All of these things will look good on a resume, and they will reflect positively on you if someone stumbles upon them in an online search to learn about you. Figure out the best ways to create and maintain an online identity that strongly demonstrates who you are with integrity and maturity.
3. **DON'T COMPROMISE YOUR IDENTITY.** Identity thieves are constantly looking for new ways to obtain your personal information, usually for the purpose of benefitting financially at your expense. Never post your address, date of birth, phone number or other personal contact information anywhere on social media. It's also a good idea to never fill out forms about your favorites or things you like which can give away your passwords. Even with restrictions, access can be gained through fraudulent means such as by phishing, hacking or malware.
4. **DO BE CONSIDERATE OF OTHERS WHEN POSTING AND INTERACTING.** If you message someone and they do not respond, or if someone messages you and asks that you not text or post about them, take the hint and move on. Also, don't post pictures of others without their permission. And if someone asks you to remove a picture, post or to un-tag them, do so immediately. It's what you would want if you asked someone the same thing.
5. **DON'T VENT OR COMPLAIN - ESPECIALLY ABOUT A SPECIFIC PERSON, PEOPLE, OR ORGANIZATIONS.** People will negatively judge you based on your attitude, even if your complaint has merit. Employers, adults, schools and others have access to social media, and they are watching. Is that spiteful comment about your teammate or someone really worth it? What if it costs you your spot on the team? Is what you are sharing with the world a fact, or is it just your opinion? Often people post without knowing all the facts or the full situation when things happen. Do not jump to conclusions. Always stay away from social media drama instead of creating or participating in it. Be careful too, about complaining in private messages such as texts, direct messages or snapchats. These *seemingly* private environments may seem trustworthy, but the people you share with may screenshot, copy or share with others. You never know who might eventually see your words.
6. **DON'T HANG WITH THE WRONG CROWD ONLINE.** Resist accepting every friend and follower request that comes your way. Having a lot of followers isn't the status symbol some people make it out to be, and can just increase your risk of victimization. Giving strangers access to your personal information, photos and posts opens you up to all sorts of potential problems. Go through friends and followers lists regularly and take the time delete those you do not know. Your safety depends on it.
7. **DON'T HANG WITH THE WRONG CROWD OFFLINE EITHER.** Maybe you're smart enough not to post that pic of you holding that red solo cup (even if it is just filled with lemonade). But your friend does - and tags you - along with the comment: "Getting' blitzed!!" You might also not want others to record your activities at last weekend's party, but phones with cameras are everywhere. If you are associating with people who don't really care about you or your reputation, they may seize the opportunity to record and post videos and photos for others to see. Don't waste any time doing things you shouldn't be doing outside of school and dance, and certainly don't waste any time spending it with those who want to hurt you or will use social media to slander or demean you.

8. **DO PROPERLY SETUP THE PRIVACY SETTINGS AND PREFERENCES WITHIN THE SOCIAL MEDIA APPS YOU USE.** Use the features within each environment to delete problematic comments, wall posts, pictures, videos, notes and tags. Don't feel obligated to respond to messages and friend/follower request that are annoying or unwanted. Turn off location sharing, and the ability to check-in to places. If you need to let your friends or family know where you are, just text them rather than sharing it with your entire social network.
9. **DON'T POST OR RESPOND TO ANYTHING ON YOUR PHONE WHEN YOU ARE ANGRY OR EMOTIONALLY CHARGED UP.** Step away from your device. Close out of the chat, site or app. Take a few hours or even a day or two and allow your brain some downtime to think through the best action or response. Responding quickly, based on emotion, almost never helps make problems go away and often makes it much worse. Practice the pause.
10. **DO SECURE YOUR PROFILE.** Use complex passwords that consist of alphanumeric and special characters. Avoid using recovery questions which have easy-to-guess or common answers such as a pet's name. Never reveal your passwords to friends or family except your parents. Parents, if your child has an app, you should also have that app. Until adolescents and teens are college age, it is your responsibility to keep a close watch on what they are doing on social media. Stay informed and up-to-date on which apps they are using as well as if they have fake accounts (finsta, private stories, etc.). *More on fake accounts below. Your adolescent or teen does not need any app or account in which you are now allowed to view the content.*
11. **DON'T TELL THE WORLD WHERE YOU ARE.** You probably wouldn't hand a stranger your daily agenda, and you shouldn't post it all over social media. Burglars use social media to target victims by reading posts that clue them in as to where you are (and when you're not at home). Checking in while on vacation or posting an update such as "Home alone and bored," or "Be back in town next Tuesday," may be a fun way of letting your friends know what you are up to, but it also lets those with bad intentions know when you or your home are vulnerable.
12. **DON'T GET POLITICAL.** It's best to stay away from political declarations which might seem abrasive and may offend others. Even though these opinions are your own and you are entitled to them, you need to realize that others are looking at what you post and will judge you accordingly. Social media isn't the best place to discuss complicated issues and can often lead to more hatred and division. Even sarcasm and funny comments can often be misinterpreted or taken out of context, resulting in unintended hurt feelings or inaccurate perceptions. The best idea is to keep it light on social media.
13. **DO BE CAREFUL ABOUT OVERSHARING.** If you are always posting and always online, others will most likely think that 1. You have way too much time on your hands, 2. You have no focus or goals, 3. You are unproductive and cannot contribute meaningfully to the real world. Remember that people don't care as much as you want them to care about all the various random things going on in your life. Social media is also not the place for personal issues and family drama. The world doesn't revolve around you. Spend time off your phone and focused on real life, real people and developing real relationships.
14. **DO HAVE JUST ONE SOCIAL MEDIA PRESENCE.** Finsta, private stories and additional fake social media accounts only create more places for the adolescent or teen to post inappropriate or hurtful material. Under the barrage of being a place where they can "be themselves," they are often full of posts that are targeted at hurting someone, show illegal behavior, use expletives or hide things from their parents or other adults. These types of accounts are often where teens get in the most trouble, posting things that should never be posted and making hurtful comments. Because finstas and private stories/accounts are generally set to private, teens feel protected that what they are posting will not be seen by parents or other adults. However, this private setting never protects them from the power of a screenshot taken by a follower they thought they could trust. These types of accounts are almost always found, and screenshots are usually taken and sent to others which creates drama or hurt feelings. If your adolescents or teens have fake accounts, educate them and ask them to delete them. Permanently.
15. **PRACTICE THE GOLDEN RULE AND THE "NICE" RULE.** On social media AND in person remember to always treat others the way you want to be treated. And the oldest rule in the book -- which is often ignored these days due to the nature of social media and everyone always having something to say or sharing their opinion... **IF YOU DON'T HAVE SOMETHING NICE TO SAY... DON'T SAY ANYTHING AT ALL.**

Parents please take the time to go over these items with your adolescents and teens. As members of the TDA team we see them each as representatives of our studio and our team. There should not be any social media posts from them that create drama, that are inappropriate or illegal. We browse our team dancers' social media accounts occasionally and expect them to follow the guidelines above for their safety and for the unity of the team. We have been notified that most college dance teams are now requiring their dancers to delete any fake accounts, finstas and private stories or they will be kicked off the team. Practicing smart and safe social media useage at a young age will be important for their future dance career or employment.

This and the amount of time our dancers spend on social media and their phones is a topic we are very passionate about. If you are interested in learning more about teens and adolescents and social media, I urge you to read the book "The Anxious Generation" by Jonathan Haidt.

TDA SQUADS 2024-2025

I am excited to continue and expand upon our TDA Squads program again this year! Each squad is made up of random members of the level 4 and level 5 teams and lead by one of our TDA Senior Team members. These leaders will be responsible for the members of their squad and will work on their leadership skills, bonding with their squad members through communication and group activities. Please be watching for a message from your squad leader with more information!

SQUAD LEADER: Alexi Rice

Kayley Barr
Addison Husted
Reese Porter
Senya Marin
Kendall Roof
Skylar Evans

SQUAD LEADER: Abigail Helm

Izzy Durbin
Audrina Penman
Barbi Campbell
Arianna Bowen
Aidrey Pelzer
Madison Veach

SQUAD LEADER: Danica Penman

Brinley Long
Khloe Luong
Lucille Jenkins
Preston Martin
Ali Bruner
Gracie Doschadis

SQUAD LEADER: Emma Davidson

Peyton Hegwood
Hannah DePriest
Bella Lucas
Charlee Williams
Benjamin Shuput
Macey Bengard

SQUAD LEADER: Katie Kennedy

Olivia Helm
Abbie Kluender
Hadlee Short
Camden Nuzum
Londyn Herr
Brooklyn Van Horn

SQUAD LEADER: Olivia Ewing

Elsie Johnson
Ella Tiefenthaler
Sophia Miller
Reagan Castellano
Lauren Pitts
Kyler Greenlee



TDA TEAM HANDBOOK 2024-2025

First and foremost, **CONGRATULATIONS** on becoming a member of the TDA Team! Over the last 14 years, the TDA Team has built a reputation of dance excellence and unity, and we want to continue that reputation into this year and all the years to come! You are now part of the legacy of TDA and we want to thank you for your commitment to our team and vision! Please read the following handbook closely and make sure you understand what is expected of both a TDA Team dancer as well as a parent of one of these exceptional dancers. At the end of this handbook you will find a contract to sign stating that you have read and understand all the following policies. **By signing you agree to adhere to all the rules and expectations stated in this handbook.**

ATTENDANCE, ATTITUDE & EFFORT

All team members are expected to maintain a very high level of attendance, attitude & effort. These three things are the most important aspects to becoming a strong team member.

Attendance • 100% attendance to all classes is expected of all team members. Unexcused absences include: work, babysitting, forgetting the schedule, skipping class, and not having a ride. Occasionally, dancers may need to have an absence excused for sickness, or a school or family activity. Absences for sickness should be emailed to Miss Amber. Absences for a school or family activity must be cleared in advance with Miss Amber, and cannot be a reoccurring absence. To be sure any absence is excused, it must be cleared in advance through Miss Amber only. Please do not ask to be excused for absences that are elective that should not come before your commitment to dance and your team. Please do not abuse the attendance policy, skip classes, or lie about why you are not at dance. Your attendance is important to the team and should be something you prioritize and something you want to attend. You do not "have" to attend classes. You "get" to attend classes.

Week Of Competition Attendance Policy: All team members are required to attend ALL team classes the week of a competition (7 days prior to the start of the competition). If a dancer is not present during the classes in a week leading up to a competition, they will not be allowed to compete in any routine(s) they miss.

Attitude/Effort • Team members are representatives of TDA at all times. Therefore, it is essential that all team members display a positive attitude and put forth 110% effort in ALL of their classes. Team members are expected to be exceptional students who display respect for all their teachers and always lead by example. It is very important that team members treat every class (no matter style) as an important class and take on the attitude of learning. Talking, disruptive behavior and lack of focus will not be tolerated.

REQUIRED TEAM CLASSES

Each team/level has required classes that must be taken to be a member of our team. The curriculum that is set out for our team members is meant to create the most well-rounded dancers as possible and that is why dancers are required to take all the core styles of dance. Please refer to the separate sheet that details required classes for each team/level.

REHEARSALS

Competition team groups typically rehearse weekly for 30 minutes. Some groups will have a weekly rehearsal from the beginning of the year and some will need to have a bulk choreography session then they will begin rehearsing weekly after choreography is set. Some solos/duets/trios will have set weekly rehearsal times and some will use Calendly to sign up for what days/times work best for them.

DRESS REHEARSAL

An all-team dress rehearsal is held in February in advance of our first competition. All team dancers are required to attend this dress rehearsal. The dates for this rehearsal are included in the information given out at the team meeting. This gives families 6 months to ensure they can be in attendance for this required dress rehearsal.

CHOREOGRAPHY

All choreography and concepts/songs for team routines are chosen and assigned by Miss Amber. We pride ourselves in having incredible instructors at TDA who can teach and create awesome choreography. We occasionally will bring in guest choreographers to set a routine and at times they may be given a chance to choose a group of dancers to choreograph for. If selected, we ask that you make every effort to participate as this is another fantastic opportunity for the dancers.

CONVENTIONS/INTENSIVES/WORKSHOPS

Level 2, 3, 4 and 5 dancers are required to attend at least 2 or more conventions/intensives per year, although attending more is highly recommended. **Level 1 dancers** are not required to attend a convention but may do so if there are any available for their age.

Soloists of any level are required to attend at least 3 or more conventions/intensives per year.

We will provide information/sign-ups for local conventions, and we will bring some in studio, but if you would like to take your dancer to another convention you may. Please clear the convention/intensive with Miss Amber and ask her to sign you up before attending. Excused absences will be given for attending conventions if/when possible. Please see the competitions/conventions page at the team meeting for more details.

Conventions/intensives are great for the dancers because it gets them out of their comfort zone. They learn new and different styles of choreography and skills from exciting instructors that can broaden their grasp of each of the forms of dance. It also helps them learn to pick up choreography quickly in many different genres.

OUTSIDE TRAINING

At TDA we pride ourselves in providing high quality training in many areas of dance. However, if your dancer is interested in Circus Arts, Ballroom or other genres of dance that TDA does not offer, we are happy to give you recommendations on where to go for additional training. We are also more than happy to see our dancers attend opportunities outside of TDA at workshops, conventions, and local theatre productions. When it comes to private lessons in any of the genres we offer, we ask that as a team member, you would use TDA for these lessons. When dancers take advantage of opportunities for growth outside of TDA in other areas, we ask that you please let us know so we keep this in mind as we are teaching and rehearsing.

COMPETITIONS

Competitions are mandatory. We setup a competition schedule very early in the year (about 6 months in advance of the first competition). Team members and their families are expected to clear their schedules for the entire competition weekend. We need every member of every team to be present to represent the studio and perform our routines at their best!

Our team will compete 3 times per year as a full team (depending on the competition companies' schedules and locations). We will try to compete several times in the Des Moines/Ames area and at least once out of town with possible locations being Omaha, NE; Kansas City, MO; Cedar Rapids, IA; Davenport, IA or other locations. Again, all of this depends on the competition companies and where/when they choose to hold competitions. Please remember to clear your entire weekend for our scheduled competitions. As soon as we receive the detailed schedule from the competition company, we will provide it to the parents and dancers, but often we do not receive the detailed schedules until 5-7 days before the start of the competition.

Each team dancer is expected to attend as much of the competition as possible. Older dancers are expected to attend to help with and cheer on their younger teammates, especially their little sister/brothers, and younger dancers are expected to attend to watch and cheer on their older teammates as much as possible. Dancers are also expected to attend each awards ceremony for their dances, surrender their cell phone to cell phone jail, sit on stage as a team, wear their team jacket and applaud not only for TDA dances, but all other dancers, groups and studios present. Sportsmanship is essential to any competitive atmosphere and helps promote healthy competition.

Competition Attendance Policy: All dancers should attend and compete at every scheduled team competition. If a dancer must miss one competition this must be reported to Chad or Miss Amber during the month of September. After the month of September if we are notified of a dancer missing a competition there will be a \$150.00 fee for re-staging the dances that the dancer will miss. If a dancer will miss two or more competitions for the season they will be dismissed from the team.

ATTIRE

Team members are required to wear proper dancewear and shoes to all classes. This means no baggy shorts and t-shirts or sweatshirts unless it is a Hip Hop class/combo. Team members are also required to wear a ballet leotard and white or pink tights along with the correct ballet shoes for all Classical Ballet & Pointe classes. Dancers may also wear dance skirts from time to time. Sports bras under leotards should not be worn. Also, team members should always wear their hair back, out of their face and off their neck, in a proper bun for classical ballet and in a ponytail or bun for all other classes. These requirements help the instructors to make sure your dancer's placement is correct and aids in developing proper technique. If the correct attire and shoes are not being worn in classes, the teachers may ask the student to leave the classroom. Keep in mind your dancer's schedule and be sure to have shoes, tights, leotard and anything else they may need in their dance bag. Excuses such as "I forgot we had ballet today," or "my bag is in my other car," are not acceptable. Please note: at certain times of the year dancers may be asked to wear all black attire to certain routine classes to aid in cleaning choreography. **AGAIN THIS YEAR: All team dancers will be required to have a "team top" to wear on specified days of the week. This is usually worn during their day with the most routine rehearsals for their team/age. Team tops can be re-used from last season, or you may choose to purchase this year's new style. Team tops should be worn with black leggings or black shorts.**

COSTUMES

Team members will wear different costumes for each routine they in. Some of these costumes may be purchased at a costume sale, and some may be ordered or sewn by a seamstress. We will make every effort to keep costume prices at a reasonable cost, but competition costumes will often be much more expensive than recital class costumes. Each of these costumes must fit the dance/theme and often need a little something extra to be competitive. Some costumes may require rhinestones, and we welcome volunteers who can help with rhinestoning costumes.

WARM-UP JACKETS

TDA warm-up jackets are to be worn at all competitions before and after dancing. We wear our warm-up jackets to cover our costumes and promote team unity. Team members are also required to wear their warm-up jacket on stage during awards ceremonies. **This year we will using our jackets from last season. Only new team members will be required to order a jacket. Parents and supporters are also welcome to order a jacket as well as anyone who may need a new one from last season. Order forms will be available in packets or at the team meeting.**

TEAM JEWELRY & ACCESSORIES

Each team member will be required to purchase some form of team jewelry and accessories for their routines. Most routines require 15mm competition earrings in either crystal or AB color. Other colors and styles of earrings may be needed for certain routines. Additional accessories that may need to be purchased could include: headbands, bows, bracelets, chokers, gloves, and socks. As costumes are chosen you will be notified of what additional accessories may be required.

SHOES & TIGHTS

Team members must have the correct shoes for each genre of dance they study. They may also need to purchase additional shoes for certain routines. The following list are the basic shoes needed for each genre. For jazz, Bloch Pulse Jazz shoes (tan). For lyrical, Turning Pointe 55 (nude). For tap, Capezio Lace-Up Tap shoes (tan). For ballet, Women's "Performa" Stretch Canvas Ballet Shoes (pink). For contemporary and tumbling – bare feet. Occasionally socks can be worn for contemporary. Socks should not be worn for any other classes, and NEVER for tumbling. Please be sure your dancer has the correct shoes for each class and that they are wearing them. Once shoes are assigned for each routine please be sure your dancer is wearing those shoes for each rehearsal to get used to them for that routine. Be sure that shoes for the stage do not have holes in them. Also, please do not wear new shoes for the first time on stage. Tights will be worn for many of our competition routines. Some routines may require light suntan, black or fishnet tights. Once tights are assigned for each routine, please be sure you have at least 2-3 pairs of each style of tights needed. Tights need to be free of holes and stains to be worn on stage.

HAIR & MAKEUP

It is very important that our team has a unified look as far as makeup and hairstyles. All team members will be expected to purchase the correct makeup and wear the correct hairstyle for each dance. A list of first choice and second choice (less expensive) makeup options will be provided for all products needed and some additional recommendations. Typically face and eye makeup stays the same for all dances, while lip color changes with each costume. All team members (except Level 1) are expected to wear fake eyelashes. As hairstyles and lip colors are assigned to each routine, a detailed spreadsheet will be sent out with all the information for you to prepare. Also, we typically film makeup and hairstyle tutorials to help you learn/practice how to apply the makeup and do the hairstyles.

ACCOUNTS

Accounts must be kept up-to-date. TDA cannot carry balances for any team member or family. Each account is required to keep a credit or debit card on file. Tuition, costumes and competition fees will all be charged on accounts, then automatically debited using the card on file on the given due dates.

Tuition is charged on the 1st of each month and should be paid by the 5th of the month. If not paid by the 5th, it will be automatically debited using the card on file. First team costume deposits will be charged in September. Remaining balances will be added to accounts as costumes are ordered and finalized. You will be notified of these charges and fees via Facebook or email. Team costumes will be automatically debited using the card on file on the due dates. Team competition fees will be charged on the dates given (see competition rates & due dates sheet) and if not paid within the due dates, automatically debited using the card on file. Anytime an auto-debit is declined, the card will be run again 5 days later. Once an amount has been auto-debited, that debit is final and will not be returned. If a card comes back declined, the account will be charged \$20 for decline/late payment.

Please remember, as a team member, the majority of what is being paid does NOT go to TDA or any of its employees. These fees must be paid in order to pay costume companies, seamstresses, venues and competition companies. Being on team is a huge financial commitment, so it is imperative that you understand and can abide by these guidelines before making the commitment. If you have any questions regarding our policies please reference the policies and procedures you agree to listed on the parent portal.

STUDENT ASSISTANTS

Student Assistants are dancers who have applied and been chosen to assist in classes. Being chosen as a TDA Student Assistant is an honor. Student assistants help with taking role, changing shoes, music, lining up dancers, stretching, bathroom breaks and demonstrating during classes to assist the Instructors. If chosen as a student assistant, the assigned class schedule will be given and members are expected to treat this assignment like a job to receive their tuition credit. Student assistants must be early, wear their student assistant t-shirt, and give their full attention and love to all the students they assist with. Student assistants are responsible for finding their own substitute if they will be absent for their teaching assignment.

STUDENT STAFF

Student Staff are dancers who have been student assistants for at least 3 years and are seniors in high school. These dancers are given an opportunity to become a paid employee assisting classes under the head instructors. This program takes student assisting one step further to give dancers more responsibility, higher expectations and gets them prepared for teaching dance in their future if they are interested.

SPECIAL PERFORMANCES

At times, TDA Team members may be asked to perform at special events during the year. Each team member should make every effort to be present at these special performances as they are an honor and just another opportunity to perform and represent our team and the studio.

DANCE BAG

Each team dancer should carry a dance bag with the following: Tap shoes, jazz shoes, lyrical shoes, ballet shoes, tennis shoes (clean), leotards, white and/or pink tights, hair ties, hair nets, bobby pins, warm-up clothes such as sweats, clothes for hip-hop, water bottle, money for snacks/water. Also, please be sure to use your bag to store your street shoes and clothes while not dancing as well as any jackets, or sweatshirts that may have worn to the studio that day. So many items get lost and left behind at the studio! Dance bags should be stored in the cubbies in the front lobby or back hallway at the studio – we want to keep chairs in the lobby free for people to sit on.

PRACTICE VIDEOS

Videos of choreography/rehearsals are shot during bulk choreography sessions and during some rehearsals. These videos will sometimes be uploaded to Vimeo and a link will be sent out via email for dancers to access the videos for practicing at home. At other times videos may be sent directly to the dancer if they have a phone and request the video be sent to them.

CELL PHONES

Cell phones are not to be out in class at any time. The only exception to this rule is if you have asked permission to record a trick, choreography or a combo at the end of class. At times during long team rehearsals all cell phones will be stored in "phone jail" and will not be accessible until dancers are no longer in class. Parents are not to be recording classes, tricks or choreography without consent from the instructor. Also, videos from the studio should not be posted on any social media unless approved by the instructor. **We understand dancers like to use their apple watch to track their steps, workouts, and heart rate during class, but dancers should not be texting or calling anyone during class from their apple watch. If dancers are seen using their apple watch during class for texting or calling they may be asked to remove their watch.**

PROPS

Some competition routines may require props. We are always looking for volunteers to help with construction, painting and loading/setting props. If you are interested in helping in this area, please let Chad know. If you're not interested in helping you'll simply be recruited. 😊

BIG/LITTLE SISTER & BROTHERS

Each team member will be assigned to a big or little brother or sister. This program is designed to help younger and older team members bond with each other. We want everyone on the team to be friendly and kind to everyone and having a big sister or brother can also help younger dancers be less intimidated and have someone older to look up to and be friends with! During the year, it is expected that big and little brother & sisters should support each other through attending each other's dances at competition, sitting together at team functions, participating in team building activities together and more! Littles/Bigs may also purchase small gifts/good luck charms for each other at some competitions and/or holidays. Bigs/Littles exchange a gift at the holiday party and many do for the first competition or last competition and recital. In the past, some pairs have discussed and set their own gift giving occasions and spending limits. Just remember it's not about the gifts... it's about supporting each other and being friends!

SQUADS

Each Level 4 and Level 5 team member will be assigned to a squad. Our squads are led by graduating seniors and/or juniors in high school, and are a way for communication and bonding to happen in smaller groups. Dancers are encouraged to reach out to members of their squad often and squad leaders are encouraged to communicate, encourage and be present for the members of their squad.

TEAM SERVICE PROJECT

Each year as a team, TDA will try to complete some sort of service project. In the past, we have done Race For The Cure, Meals From The Heartland, Feeding the homeless and making blankets for Blank Children's Hospital. If you have ideas for a project for the coming year, please submit them to Miss Amber.

TEAM EVENTS

Throughout the year there will be several fun team events scheduled.

These events include but are not limited to:

- Hayrack Ride & Bonfire (Level 4 & 5)
- Thanksgiving Dinner (All Team)
- Holiday Party (All Team)
- Team Sleepover (Ages 13+)
- Squad Activity (Level 4 & 5)
- Other Random Activities

These events are not only fun but a great bonding time for the dancers. Over the years, I have always noted that a team that gets along off stage dance much better together on stage. These events are very important and every effort should be made to attend!

BULLYING/CLASSROOM RULES

The Dance Avenue is committed to a safe and civil educational dance environment for all students, free from harassment, intimidation or bullying. Harassment, intimidation or bullying means any intentional written, verbal or physical act, when the intentional written, verbal or physical act: Physically harms a student or damages the student's property or has the effect of substantially interfering with a student's dance education; or is severe, persistent or persuasive that it creates an intimidating or threatening educational environment; or has the effect of substantially disrupting the orderly operation of the dance studio.

Classroom rules have been setup and dancers are expected to abide by these rules. All team members are expected to treat their instructors and everyone on the team with respect and kindness. Show the love! Dancers on the TDA Team are held to high standards of behavior and attitude. If there is a problem with any dancer following the rules, the teacher may ask a student to leave class or may email the parent with issues. Please make every effort to educate your child on the proper behavior in class as well as when in the bathrooms and lobby. It is appreciated when parents support their dancer's instructors when issues arise.

FUNDRAISING

A fundraising committee is established each year to help team members raise money towards their competition team costs. Several fundraisers will be available during the year and it is optional if you and/or your dancer would like to participate. Keep your eyes on the TDA Team Facebook page for more information.

STUDIO SAFETY

Level 1, 2, and 3 team dancers are NEVER to leave the studio and go into the parking lot or other stores unless accompanied by a parent, guardian or other adult. Level 4 and 5 dancers occasionally walk to buy water or food, and when they do, at least one more dancer must accompany them. Use the buddy system! Also, no dancer is to be out of the studio in booty shorts and sports bras or leotards. Always put on an extra layer of clothing and shoes before going outside the studio. This is simply for the safety of the dancers. In the parking lot be sure vehicle doors are locked at all times and valuables are not left out in plain sight. Please note areas that are available for TDA to park in and do not park in the DMARC parking areas.

STUDIO BEHAVIOR

At times dancers will have breaks between classes. During these breaks dancers should NOT be running around the studio, jumping on couches, screaming, gossiping etc. Parents are also expected to abide by these rules – please do not sit in the lobby and gossip or speak negatively about others. We want to make the studio as safe and pleasant as possible for all dancers and parents and these behaviors take away from the safety and environment we want to create at the studio. If your younger dancer has a long break please consider coming to eat with them or work on homework or some other activity with them at the studio. Dancers are welcome to eat, work on homework or do other quiet activities during their breaks. Also, when your younger dancer is done with dance at a certain time, please come pick them at that time. Once the dancer's classes are done for the evening they should be picked up and not left to hang out at the studio for hours unsupervised. Dancers who eat at the studio must clean up after themselves. All garbage should be thrown away and any crumbs or messes must be cleaned up.

PARENT ROLES

TDA is a "drama-free" zone! Plainly speaking, this means you are expected at all times to be supportive, respectful, and courteous to all team members and their families. We will not tolerate rudeness, jealousy and resentment, and disrespect to another team member, their family, or instructors.

Your role as a parent is to do the following:

- *Lift up, and support all of our children.
- *Teach your child that there is always going to be someone better than they are and to keep working hard on *their* journey.
- *Teach your child to be happy for others.
- *Give a hand to those who may be behind or struggling.
- *Be kind and courteous to all – especially at competitions and events where representing TDA.
- *Stand firmly behind the director and instructors, working together to create a strong team atmosphere.

In my years of teaching, I have observed that the most successful children are those whose parents support their instructors 100%. They are the ones who do not bad-mouth or question instructors or decisions in front of their children or other parents, they don't gossip, and they are certainly the ones who are realistic about their children's abilities and their place on the team. Granted, we all want our children to succeed, but success is not measured by the trophy a child brought home, or by the row in which they stand on stage, how many routines they are selected for, or by how many pirouettes they can do. Instead, it is measured by the effort that they put forth, the enjoyment they get from this art form and the life lessons they learn as they go. If they give all they've got to give and love to dance, what more can we ask?

KEEPING IN TOUCH/SOCIAL MEDIA

It can't be stressed enough how important it is to stay up-to-date with all communications from the studio. Being on team brings a lot of information and all this information is essential. The two most-used methods of communication are Email and our TDA Team Facebook group. Be sure the studio has your correct/current email address to receive all team emails. Please be sure you read everything that is emailed and added to the Facebook group page so you know what is going on and when to add things to your calendar. It is so important that you stay informed so your dancer doesn't miss out on anything! As dancers get into the teen and senior age group we encourage parents to give their dancer more responsibility to be in charge of their schedule and to also be informed of all events and information coming out. If you'd like your older dancer added to the Facebook group or if they have an email address you'd like added to our list please let us know. Below all of our social media and contact information is listed. Please be sure to keep up with us on social media. If you have specific questions we prefer email communication.

Official TDA Team Facebook Page: <https://www.facebook.com/groups/1480015105588322>

TDA Team Swap Page: <https://www.facebook.com/groups/tdateamswap>

TDA Team Page on Website: <https://www.thedanceavenue.com/team>

TDA Studio Facebook Page: <https://www.facebook.com/TheDanceAvenue>

TDA Instagram: <https://www.instagram.com/thedanceavenue/>

TDA Twitter: <https://twitter.com/thedanceavenue>

Email Address: thedanceavenue@hotmail.com

2024-2025 TEAM THEME: STRONG MIND, STRONG HEART

This season we will work to strengthen our minds for ourselves and our hearts for one another on the team.

#tdateam #tdafamily #tdaseason15

**CONGRATULATIONS AGAIN ON BEING CHOSEN AS A MEMBER OF THE
2024-2025 TDA TEAM! LET'S HAVE A GREAT 15TH ANNIVERSARY SEASON!**



TDA TEAM ROSTER 2024-2025

Level 1 Tiny Team (12)	Level 2 Mini Team (15)	Level 3 Junior Team (17)	Level 4 Teen Team (18)	Level 5 Senior Team (24)
Sunny Pope	Ellie Doschadis	Sofia Kritskiy	Skylar Evans	Reese Porter
Zeplynn Magee	Parker Metzger	Adalynn Onstot	Madison Veach	Barbi Campbell
Maicey Silsby	Caroline Thorson	Emberlyn Evison	Gracie Doschadis	Lucille Jenkins
Memphis Theulen	Madyson Scholer	Brooklyn Veach	Macey Bengard	Bella Lucas
Mia Jo Hockins	Eva Martin	Stella Schlapia	Brooklyn Van Horn	Hadlee Short
Chloe Dickenson	Emeline Mosby	Paisley Herr	Kyler Greenlee	Sophia Miller
Lennyn Stewart	Emersyn Jacobsen	Collyns Greenlee	Kendall Roof	Addison Husted
Ella Hutton	Lola Sanchez	Camila Walker	Aidrey Pelzer	Audrina Penman
Lucia O'Brien	Kenzley Bowman	Olive Doughty	Ali Bruner	Khloe Luong
Collette Ernst	Malia McCoy	Ever Thompson	Benjamin Shuput	Hannah DePriest
Zara Howe	Paisley Robinson	Brylee Thompson	Londyn Herr	Abbie Kluender
Kaia Cooper	Sawyer Link	Campbell Rieman	Lauren Pitts	Ella Tiefenthaler
	Alivia Robinson	Savannah Smith	Senya Marin	Kayley Barr
	Avery Finnegan	Ava Meador	Arianna Bowen	Izzy Durbin
	Madison Whiting	Zoey Husted	Preston Martin	Brinley Long
		Sage Schlapia	Charlee Williams	Peyton Hegwood
		Aubrey Wyckoff	Camden Nuzum	Olivia Helm
			Reagan Castellano	Elsie Johnson
				Olivia Ewing*
				Katie Kennedy*
				Emma Davidson*
				Danica Penman*
				Abigail Helm*
				Alexi Rice*